

Neighbours  
Helping  
Neighbours

**“But the needy will not be ignored forever;  
the hopes of the poor will not always be crushed.”**

**ALL ROADS LEAD HOME**



An audience of 80, including veteran volunteers and others just considering getting involved, attended the ARLH Workshop on Jan. 31. Speakers Marina Giacomini from the Calgary Homeless Foundation and Bishop Fred Henry shared encouraging words before table discussions got underway. ARLH Program Director Sharon Evans also spoke:

“We may have imagined how volunteers would embrace ARLH, but people of faith from all over Calgary have shown love to these families in ways that have exceeded our expectations. Because ARLH exists, a mom

***“Parents have been exposed to an approach to life that they may never have known existed. A way of life where violence and neglect are not the norm, where love and respect exists.”***

was able to have emergency dental surgery days before she was due to give birth. A parent has had childcare provided once a week so she can go to an AA meeting. Another mother has been able to find better rental housing, and a young dad has learned how

to “shop smart” at the grocery store. This Christmas was a whole lot brighter for many of these families because volunteers made sure they felt special. Volunteers made sure they felt loved. One dad was able to purchase a vehicle for work because of the help from his new friends. Some families have even been given computers...Children have learned how to plant veggies, and par-

ents have been exposed to an approach to life that they may never have known existed. A way of life where violence and neglect are not the norm, where love and respect exists, and for some families this sort of community acceptance is a first.”

**Ann Hosier**  
LIFFE Support  
volunteer



**Grace Generation**  
Church volunteers



**Fay Halverson**  
ICU2 volunteer



**Howard Christensen**  
Hamper delivery volunteer



**Thank you to all of our kind volunteers and donors, including...**

Friends Church

St. Matthew's  
United Church

Rockyview Alliance  
Church

**“I don't know how I would have coped,  
especially with my baby...I am so grateful.”**

- ICU2 client -

**ICU2** Infants and Children Under 2

Babies born into low-income families in our city need your help! Through your kind donations we provide them with the necessary supplies vital to their growth and development. Right now we need donations of **diapers sizes 1-4, formula (Heinz, Similac, Enfamil), stages 1 and 3 baby fruit, strollers, high chairs, shampoo, and diaper wipes.**

**L.I.F.F.E. Support**  
Low Income Family Furniture Essentials

Let us take your second-hand **beds, tables and chairs, dressers, coffee and end tables**, off your hands. Donate them and other household items that are in good condition to LIFFE Support and prevent a family from having to eat and sleep on the floor.

**To donate items: 403-538-7395**

**To volunteer: 403-538-7314** You can also visit [www.neighbourlinkcalgary.ca](http://www.neighbourlinkcalgary.ca) to sign up online.

**Do you know someone in need?**

**Have them phone our HelpLine: 403-209-1930**

**Don't forget to visit [www.neighbourlinkcalgary.ca](http://www.neighbourlinkcalgary.ca)!**